



NAV SRISHTI

Working for Women Empowerment & Child Rights

Monthly Update (March 2025)



Health and Wellness Awareness

We sincerely thank Child Rights & You and Rackspace for celebrating a wonderful day with women and adolescents. The event focused on health, emphasizing the importance of a nutritious diet, proper hygiene, and overall well-being, along with engaging cultural activities. At Neb Sarai, our girls' team delivered a heart-touching play on gender equality, conveying a powerful message that deeply resonated with everyone. We truly appreciate the time and effort Child Rights & You and Rackspace dedicated to our centre.



International Women's Day

The Nav Srishti Team celebrated International Women's Day with the community and key stakeholders at Sangam Vihar, the event saw enthusiastic participation from women, youth, and children, who showcased their talents through dance, group songs, speeches, and cultural performances. Additionally, stakeholder interactions and discussions highlighted the significance of the occasion, raising awareness about the progress made toward women's empowerment.



State Consultation on Women's Safety Mechanisms

Nav Srishti participated in the State-Level Consultation on Prevention and Redressal Mechanisms for Violence Against Women, organized by the EFRAH organization. The organization performed well in the panel discussion. From Nav Srishti, Ms. Poonam represented the organization as a youth leader. Nav Srishti was honoured by EFRAH with a shield in recognition of its contributions.



Defence Training Program

On March 24th, in collaboration with Child Rights and You and the Delhi Police, a 10-day defence training program was organized at Neb Sarai. Trainers from the Delhi Police conducted the sessions, with 60 girls participating in self-defence training. This program is essential for empowering girls and equipping them with the skills needed to protect themselves in any dangerous situation.

Address - 306/3, Near Holi Chowk, Neb Sarai, IGNOU Road, Maidan Garhi, New Delhi - 110068

Email info@navsrishti.org

Phone – 8448693484

Website – www.navsrishti.org

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